

When sneezing is pleasing!

Show students how many germs come from a sneeze and how we can prevent the spread!

Goal(s) Addressed

- Student will be able to imitate poses demonstrated by teacher or peers
- Student will work on crossing midline of his/her body

Materials Needed (Including Song if applicable)

1. Scarves

Layout

How should the room look? Where are the student's placed? When will this be taught?

- Students are on their carpet squares against the mirror.
- Each student has their own scarf.

Activity

Describe each step in detail. Include key vocabulary.



1. Each student is on their carpet square and a teacher distributes scarves.
2. Students place scarves on their heads.
3. Teacher says "Ah" "Ah" "Ah-choo!" and students follow along.
4. With the "achoo," teacher and students sneeze their scarves into their laps.
5. Teacher explains how the scarves are the germs from their sneeze.
6. The activity is repeated except the teacher has the students "sneeze" their scarves into their elbows to prevent the spread of germs.



Accommodations/Modifications/Adaptations

How can this lesson be adapted by kids with special needs?

- Students will follow the teacher's instructions and imitate movements.
- If scarves are not available, tissues can be used also.

Post a picture or video of your students completing the activity and don't forget to tag us!