

Shamrock Scramble

Stay moving while learning your body parts!

Goal(s) Addressed

- ★ Students will develop gross motor skills and increase bodily awareness by learning/identifying body parts. Students will work on praising peers.

Materials Needed (Including Song if applicable)

1. Speaker
2. Song: https://www.youtube.com/watch?v=Z_CsykS5YHI
3. Arrows
4. 4 shamrocks on construction paper
5. Masking tape



Layout

*How should the room look? Where are the student's placed?
When will this be taught?*

1. Students will be sitting on their carpet squares along length of room
2. Shamrocks will be placed in each corner of the room. Use masking tape to stick shamrocks to the floor
3. Arrows will form a circle in the center of the room
4. This will be taught in the beginning half of class

Activity

Describe each step in detail. Include key vocabulary.

1. **Play Irish music.** While the music is playing, students will move around the arrows. After each round, tell students to move a different way. "Now, we will skip around the arrows."
 - a. Walk
 - b. Skip
 - c. Jump
 - d. Tiptoe
2. **Stop the music randomly.** When the music stops, students must scramble to one of the shamrocks. After each round, tell students to place a different body part on the shamrock. "Find a shamrock then put your hand on the shamrock." Raise or point to your own body part to show students.
 - a. Foot
 - b. Hand
 - c. Elbow
 - d. Bottom



(There will be more than one student at each shamrock. Have students give a high five to their friends at their shamrock before going back to the arrows)

Accommodations/Modifications/Adaptations

How can this lesson be adapted by kids with special needs?

- Use visual icons for movement
- Use visual icons for body parts
- Use partial and full physical prompting as needed
- Stand behind students that need physical support

Post a picture or video of your students completing the activity and don't forget to tag us!



