

Play Dough Soap

Create soap that can be played with!

Goal(s) Addressed

- Student will follow one-step/two-step directions
- Student will use descriptive language to describe object (hard vs soft)
- Student will squeeze "squishy" object to increase hand/finger strength



Materials Needed

1. Bowl
2. Spoon
3. Measuring cups
4. $\frac{1}{2}$ cup of cornstarch
5. $\frac{1}{8}$ cup of any liquid soap or bodywash (castile soap recommended)
6. 3-5 teaspoons of sweet almond oil OR coconut oil
7. Food coloring & essential oils (optional)

Layout

How should the room look? Where are the student's placed? When will this be taught?

- Place all materials at work space
- Activity can be completed on a table or any clean surface

Activity

Describe each step in detail. Include key vocabulary.

1. Using measuring cups, pour all ingredients into the bowl and mix with spoon
2. Pour mixture out of bowl and onto clean work space
3. Using hands, knead ingredients together until soap reaches a dough-like consistency (Add more cornstarch if dough has too much liquid. Add more soap/body wash if dough is too solid).
4. Store extra soap in closed container
5. Use a piece of play dough soap every time you wash your hands! [Squishy, Squashy, Washy - Barney](#)

Accommodations/Modifications/Adaptations

How can this lesson be adapted by kids with special needs?

- Instead of using a spoon, student can start mixing directly with their hands
- Have adult use hand-over-hand technique if student does not yet have the strength to knead dough on their own

Post a picture or video of your students completing the activity and don't forget to tag us