

Brush Our Teeth

A song to increase the fun when brushing our teeth!

Goal(s) Addressed

Student will be able to imitate poses demonstrated by teacher or peers Student will work on crossing midline of his/her body

Materials Needed (Including Song if applicable)

- 1. Your body and a buddy.
- 2. Singing voices
- 3. Toothbrush optional



Layout

How should the room look? Where are the student's placed? When will this be taught?

- Best place to be is in the bathroom ready at the sink
- Or can be sung anywhere to increase the learning and fun.

Activity

Describe each step in detail. Include key vocabulary.

Here is the song:

Brush your teeth

"chchchh, chchchchhh" (those are brushing sounds)

When you wake up in the morning and its quarter to 2, everyone's asleep and there's nothing else to do...you brush you teeth (chchchh, chchchchhh)

When you wake up in the morning it's a quarter to one, and you want to have a little fun....you brush your teeth (chchchch, chchchchch)

When you wake up in the morning it's a quarter to two, and you're lookin around for something to do....you brush your teeth (brushing sound)



When you wake up in the morning it's a quarter to three, and your mind is humming twiddledeedee....you brush your teeth (brushing sound)

When you wake up in the morning it's a quarter to four, and you think you hear a knock at your door....you brush your teeth (brushing sound)

When you wake up in the morning it's a quarter to five, and you just can't wait to come aliveyou brush your teeth (brushing sound)you brush your teeth (brushing sound)your brush your teeth (getting progressively quieter, until brush your teeth comes out in a whisper)

Be sure to either use a Toothbrush to do the brushing teeth parts or use your finger to indicate brushing.

Accommodations/Modifications/Adaptations

How can this lesson be adapted by kids with special needs?

- If they can not hold their own brush or finger can have a buddy to help direct the hand
- If unable to sing song on own can do movements accordingly while having a buddy sing to them.

Post a picture or video of your students completing the activity and don't forget to tag us!